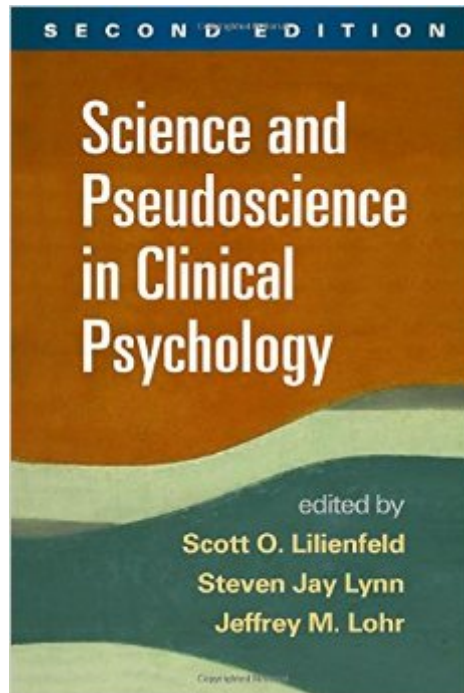


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# Science And Pseudoscience In Clinical Psychology, Second Edition



## Synopsis

This valued resource helps practitioners and students evaluate the merits of popular yet controversial practices in clinical psychology and allied fields, and base treatment decisions on the best available research. Leading authorities review widely used therapies for a range of child, adolescent, and adult disorders, differentiating between those that can stand up to the rigors of science and those that cannot. Questionable assessment and diagnostic techniques and self-help models are also examined. The volume provides essential skills for thinking critically as a practitioner, evaluating the validity of scientific claims, and steering clear of treatments that are ineffective or even harmful. New to This Edition \*Reflects the significant growth of evidence-based practices in the last decade. \*Updated throughout with the latest treatment research. \*Chapter on attachment therapy. \*Chapter on controversial interventions for child and adolescent antisocial behavior. \*Addresses changes in DSM-5.

## Book Information

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## Customer Reviews

With so much pseudoscience crammed into one book, it's challenging to be optimistic about psychology. This edition includes two new chapters on child-focused issues (attachment & antisocial behavior), and pseudoscience used with children is especially disturbing. The second section of the book (Overarching Controversies in Psychological Treatment) was also very troubling to read, as it even challenged some institutions, practices, and psychologists that I have always respected. Fortunately, there is enough science in this book to give me some hope for the future. I

especially enjoyed the chapter on Novel Unsupported Therapies (they respectfully used the acronym NUSTs, when a more parsimonious acronym seemed appropriate). It was really interesting to read about how the two authors of this chapter were, at one time, proponents of some types of pseudoscience. I liked how the book includes many recommendations for moving toward a world with less pseudoscience. Even if you've read the first edition recently, the second edition is a must read!

Good contemporary book and great authors. As usual professor Lilienfeld and his colleagues debunk myths of popular psychologies, Teaches about critical thinking its importance and how distinguish a science from pseudoscience

This seminal publication offers objective evaluation of a variety of important issues in the field. Importantly, it is not a mere exposé that runs endless criticism, but rather offers insight in to the strengths and weaknesses of much of clinical practice, with recommendations for further improvement and research. Any aspiring psychologist, and for that matter practitioner, would benefit from its contents.

Informative. Easy to read. A must for mental health professionals.

Very interesting and informative textbook, plus it reads well!

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